

# **West Cork TREC Midsummer 2023 at Boulta, Co. Cork, June 24 - 25**

Boulta Schooling, Booldurragha South, Co. Cork, P51 N263

**Day 1: Saturday June 24  
POR Phase  
(Orienteering)**

**Day 2: Sunday June 25  
MA Phase &  
PTV Phase  
(Obstacles)**

**Full 2-day 3-phase  
event**

**Qualifies for  
The Abbey Cup**



Photo by Helen McCormack

**Pairs and Individual classes  
Levels 1, 1A, 2, 2A**

**For further information**  
please email [westcorktrec@gmail.com](mailto:westcorktrec@gmail.com) or visit us on Facebook



## Event Organisers – West Cork TREC

Technical Delegate:  
Assistant Technical Delegate:

Elaine Dolan Crowley  
(if any, tbc)

Traceur:  
Chef de Piste:  
Safety Officer(s):

Frances Whooley  
Annie O'Neill  
Frances Whooley, Elaine Dolan Crowley

Event Secretary up to event:  
Event co-ordinator at event:

Judith Perrin  
Jill Davies  
phone: 086 440 4884  
Phone: 087 218 9890  
Emergency contact numbers will be posted in the Event Office at the venue

Enquires via email please to: westcorktrec@gmail.com

*West Cork TREC is affiliated to TREC Ireland, the national body for the sport of TREC in Ireland.*



## Venue

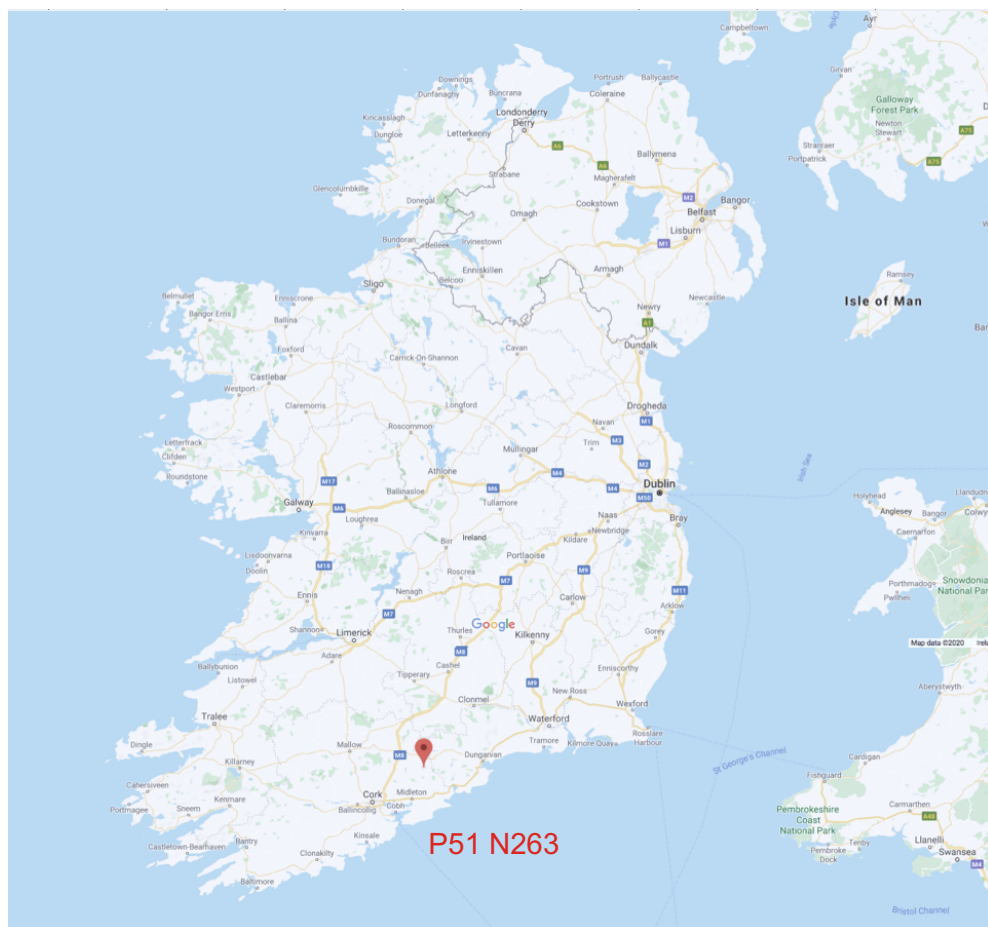
Boulta Schooling  
Booldurragha South  
Ballynoe, Co. Cork  
P51 N263

### Note:

*If using a SatNav or Google maps, please type in venue's eircode only (not name). Due to local knowledge of best routes to venue when towing a horsebox please refer to directions given on page 10*

*Camping, and corraling is available at Boulta. A limited amount of stabling is also available at the venue, See page 8 of this schedule for more information.*

*Please note there may possibly be a little more stabling at another facility nearby should demand exceed supply, but at the time of releasing this schedule confirmation of availability was still pending.*



Map showing location of venue for West Cork TREC Midsummer 2023

Acknowledgements:

Cover photo: Rachel on Curragheen Lass (at the TREC Ireland Championships 2022 in Boulta), photo by Helen McCormack

## Competition Information

West Cork TREC is pleased to invite all competitors to Boulta for their Midsummer 2023 event. Boulta is situated just to the north-east of Cork City, not far from the Dublin-Cork M8 motorway for those approaching from the north.

The competition will consist of three phases, the winners being those with the highest points accumulated across the three phases, to a possible maximum of 460 points (for Pairs classes this figure is doubled, 920 points).

Competitors can expect to be riding across varied terrain, which will include quiet country roads, tracks, and paths. Competitors may also be riding through fields of livestock, so please use common sense when riding past these animals. All landowners have been very supportive, and we have managed to gain access to a considerable amount of off-road riding. We must stress the need to keep gates closed and to ensure that you follow the Country Code. If you find a gate closed, please close it again behind you.

### Contact information

- ◆ Event secretary (before the event): Judith Perrin, phone 086 440 4884, email [westcorktrec@gmail.com](mailto:westcorktrec@gmail.com)
- ◆ Event co-ordinator (during the event): Jill Davies, phone 087 218 9890, email [westcorktrec@gmail.com](mailto:westcorktrec@gmail.com)  
Emergency numbers will be published in the Entries/Secretary's Office at the venue.
- ◆ Arrival at the venue – confirmation of opening times for Friday 23rd June 2023 will be issued later.

## Insurance

Every competitor is responsible for any damage caused by themselves or by their horse to themselves, to other persons or to property. **It is therefore strongly recommended that each rider has sufficient Public Liability and Personal Accident insurance cover.**

## Entries

- ◆ All entries must be pre-paid and sent in on the entry form on ItsPlainSailing ([www.itsplansailing.com/org/wct/](http://www.itsplansailing.com/org/wct/))
- ◆ Entries **MUST** be received and paid by the closing date Wednesday 14th June 2023 (at 11:59pm)
- ◆ Debit/Credit cards are accepted – the system will transfer you to Stripe to complete your payment
- ◆ Bank transfer / EFT payment to be made to this account (please use rider/participant name as reference):

Account name:	West Cork TREC
Bank:	Bank of Ireland
NSC & A/C Number:	90-26-02      1296 3699
BIC/Swift Code:	BOFIE2D
IBAN:	IE81 BOFI 9026 0212 9636 99

**Please include reference: MID + name of rider/participant**

Note: There is no lower-case L in the above IBAN or BIC codes. Please note the shape difference between the number 1 & the letter I (for India).

## Cancellations: Refund Policy

Events are organised based on numbers of riders and volunteers, and certain costs are fixed. Due to this, full refunds will only be made for cancellations notified prior to the deadline of 11:59pm on Wednesday 14th June 2023. A 50% refund will be applied to cancellations made between 00:00am on Thursday 15th 2023 and 11:59pm Saturday 17th June 2023. Any cancellations received after 11:59pm Saturday 17th June 2023 cannot be refunded.



## Classes

This event is open to all riders (both members and non-members) and is run across two days. Classes 1 to 8 are for the full 2-day event, competitors will be competing on both Saturday and Sunday. For those wishing to enter just one day only, class 9 is for the Saturday POR phase and class 10 is for the Sunday MA+PTV phases. Please note that one-day only entries are considered partial event entries, and as such will be excluded from some prizes that are specific to the full 2-day event.

Class	Type	Level	Max. POR distance	Max. PTV height
1	2-day 3-phase	Level 2A Individual <sup>1, 2</sup>	25 km <sup>1</sup>	80 cm
2	2-day 3-phase	Level 2A Pairs <sup>1</sup>	25 km <sup>1</sup>	80 cm
3	2-day 3-phase	Level 2 Individual <sup>2</sup>	25 km	80 cm
4	2-day 3-phase	Level 2 Pairs	25 km	80 cm
5	2-day 3-phase	Level 1A Individual <sup>1, 2</sup> (NEW)	15 km <sup>1</sup>	60 cm
6	2-day 3-phase	Level 1A Pairs <sup>1</sup> (NEW)	15 km <sup>1</sup>	60 cm
7	2-day 3-phase	Level 1 Individual <sup>2</sup>	15 km	60 cm
8	2-day 3-phase	Level 1 Pairs <sup>3</sup> (suitable for beginners)	15 km	60 cm
9	One-Day Only (Saturday) POR phase	Level 2A Individual <sup>1, 2</sup> or Pairs <sup>1</sup> Level 2 Individual <sup>2</sup> or Pairs Level 1A Individual <sup>1, 2</sup> or Pairs <sup>1</sup> Level 1 Individual <sup>2</sup> or Pairs <sup>3</sup>	25 km <sup>1</sup> 25 km 15 km <sup>1</sup> 15 km	N/A N/A N/A N/A
10	One-Day Only (Sunday) MA+PTV phases	Level 2 only Level 1 only <sup>3</sup>	N/A N/A	80cm 60cm

<sup>1</sup> The advanced level classes (Levels 1A and 2A) may include compass bearings, grid references and/or aerial photos.

<sup>2</sup> A rider may only compete as an individual in the POR phase if they have completed a minimum of two PORs run by a FITE affiliated organisation.

<sup>3</sup> These classes are suitable for beginners

## ENTRY FEES

Entries MUST be received and paid by the closing date Wed 14<sup>th</sup> June 2023 (at 11:59pm)

Class	Member of TREC Ireland (or national TREC org.)	Non-member (age 17+)	Junior non-member (aged 16 or under)
<b>ENTRY FOR FULLTWO DAY EVENT</b> <b>Classes 1 to 8</b>	<b>€80</b> includes free ticket for social meal	<b>€90</b> includes free ticket for social meal	<b>€85</b> includes free ticket for social meal
<b>ENTRY FOR ONE-DAY ONLY</b> <b>Classes 9 (Sat) or Class 10 (Sun)</b>	<b>€40</b> excludes meal	<b>€50</b> excludes meal	<b>€45</b> excludes meal
<b>LIGHT LUNCH</b> A filled roll or wrap (if required) can be ordered with your entry	<b>€5</b> per roll / wrap	<b>€5</b> per roll / wrap	<b>€5</b> per roll / wrap
<b>EXTRA TICKET FOR SOCIAL MEAL</b> Saturday evening social meal	<b>€20</b> per person	<b>€20</b> per person	<b>€20</b> per person

Volunteers will be given one free roll/wrap per day attending. Any volunteer who is helping out both days will be given a free ticket to the social meal.



## Rosettes / Prizes

### *Overall 2-day 3-day Event*

For those entering the full 2-day event (classes 1-8) rosettes will be awarded for riders placing 1st to 6th place in each of these classes. Prizes will be awarded to the top competitors/pairs in each class.

### *Specials (Best in Competition)*

A rosette and a prize will be awarded to the rider with the top score in each individual category. All eligible riders will automatically be included in the relevant category (e.g. the best score in a specific phase will include all riders who have completed that particular phase).

- ◆ Best POR: Rider with the best POR score from all entries (rider score used, not "pair" score)
- ◆ Best MA Rider with the best MA score from all entries
- ◆ Best PTV Rider with the best PTV score from all entries
- ◆ Best U-18 rider U-18 rider with the highest overall score (must have completed full 2-day 3-phase event)

## Sponsors

We are very grateful to all who have agreed to sponsor prizes etc. for this event. We will have a full list of sponsors on display at the venue for the duration of the event.

## Volunteers

TREC depends on volunteers to help us steward, judge and organise the event. If you, or someone you know, can volunteer for the event, even just for one day, we would greatly appreciate it. Please submit a Volunteer Form (free of charge) by Wednesday 14th June 2023. While we are seeking volunteers with experience for the tasks of checkpoint stewards for the POR phase and for judging the MA and the PTV obstacles, we are very grateful for all offers of help. We welcome volunteers that might not have any experience or who do not want to judge as there are many other tasks that are available, such as holding horses while competitors are in the map room, calling riders for start of course, timing stewards, rebuilding obstacles, writing down scores for an experienced judge, taking photographs, etc. Lunch will be provided for all helpers, and those helping for the full event (both Saturday and Sunday) will receive a free ticket for the Saturday Social evening.

All volunteers under 18 years of age on the day of the competition must have parental consent (parent/guardian to complete the relevant section of their Volunteer Form).

Riders – if any of you are able to help for any tasks on any of the days (for example you may be able to help setup on Friday, or help dismantle and pack away on Sunday, or you might have decided to enter the competition for just one day only and would like to volunteer on the other day), please complete a separate Volunteer Form (free of charge) when you submit your entry.

## Competitors under 18

All competitors under 18 years of age on the day of the competition must have parental consent to take part.

### *For the POR phase:*

- ◆ A Young Rider may compete as an individual if they are 16 years old on the day of the competition and they must also have completed two PORs with TREC Ireland, an affiliated group, or other National TREC Organisation (this is a requirement for all competitors wishing to ride as an individual).
- ◆ Two Young Riders (if they are 16 or over on the day of the competition) may enter as a pair with parental consent, but at least one of these riders should have completed two PORs with TREC Ireland, an affiliated group, or other National TREC Organisation.
- ◆ Any rider under the age limits specified must be accompanied by an adult (over 18) in the pair classes – they must enter as pair with an adult rider, it is not the responsibility of West Cork TREC to find them a pair rider.

## Food

We will be providing bottles of water for riders and helpers on both Saturday and Sunday. There are basic amenities on-site, including a fridge, a kettle, and a microwave. A group of us will be heading to Tallow on Friday evening to have a meal in one of the local establishments, but some may prefer to remain at the venue and prepare the evening meal they may have brought with them. There will be a social evening at the venue on Saturday evening, for which tickets cost €20 per person (people attending the full 2-day event will be given their ticket free of charge in thanks for their participation – both riders and volunteers).

### *Riders*

- ◆ Riders are recommended to bring their own lunch/snacks for Saturday and Sunday. If required, a filled 6" roll or a filled wrap - for one or both of the days – may be ordered and paid for in advance (each day is listed as a separate activity, and the rolls/wraps cost €5 each)
- ◆ For the 2-day event classes (1-8), a ticket to the Saturday Social Meal is provided free of charge
- ◆ Competitors entering just one-day only (classes 9 & 10) are also invited to our Saturday Social Evening Meal, but they must purchase a meal ticket in addition to their entry fee.
- ◆ Any rider may also purchase extra meal tickets for friends, partners, etc.
- ◆ The extra meal tickets are listed as a separate activity under the event. The number of tickets required must be ordered and paid for in advance, along with the rider's entry fee (closing date Wed. 14th June)

### *Volunteers*

- ◆ A filled 6" roll or a filled wrap will be provided for their lunch to all volunteers helping on the day free of charge
- ◆ Volunteers who are helping us on **both Saturday and Sunday** will receive a ticket for the Saturday Social Evening Meal free of charge.
- ◆ Volunteers who are helping on **one day only** may join us for the Saturday Social Evening Meal, but they will need to purchase a ticket for the meal – this must be ordered and paid for in advance (closing date 14<sup>th</sup> June).
- ◆ Any volunteer may also purchase extra tickets to the Saturday Social Evening Meal for friends, partners, etc. when submitting their Volunteer Form (tickets to the meal is listed as a separate activity under the event).

### *Special dietary requirements*

Please indicate on your order if you have any special dietary requirements, but please be aware that our catering options are extremely limited. You may bring your own food if you would prefer to do so (strongly recommended if your dietary needs are complex).

## Equipment

A list of mandatory and additional equipment for the different phases can be found in an appendix at the end of this document.

- ◆ *Body Protectors:* The venue owners have specified that **ALL RIDERS** must wear a body protector (Beta Level 3 standard) for both the MA and PTV phases of the competition (Sunday) – this is non-negotiable.
- ◆ *Riding hats:* Riding hats must conform to the safety standards outlined in the current TREC Ireland Rule Book.
- ◆ *POR equipment:* A list of the mandatory and additional equipment required (as per current TREC Ireland Rule Book), is clearly marked in our appendix. A slightly reduced list (Level 1 Concession) is marked for newcomers doing the Level 1 POR to enable those new to TREC to try our sport without special equipment.

## Registration of Equine Premises (Irish-kept horses)

Include your equine premises number on the entry form. If you have not yet registered your equine premises, you can obtain information and registration form at [www.agriculture.gov.ie/animalhealthwelfare/animalwelfare](http://www.agriculture.gov.ie/animalhealthwelfare/animalwelfare). The registration takes approximately 2-3 weeks, and there is no fee to register. The reason for registering and record keeping is so as to enable the Department of Agriculture to have information on the location of horses and their contacts with other horses in order that in the event of a disease outbreak, owners can be identified and advised of any necessary precautions. West Cork TREC may be asked to provide a list of registration numbers for all horses/ponies that participated/attended the event. If you do not yet have a registration number at the time you are submitting your entry, you may submit your entry anyway and you will have the opportunity to provide your equine premises number on the day. If your application is still being processed at the time of the event you can still participate but will be required to provide the number after the event.

## Equine Passports

It is a legal requirement to carry an equine passport when a horse is used for the purpose of competition. If a horse is transported without an equine passport when being used for competition purposes an offence is being committed and prosecution is a possibility. Equine passports will be required at vetting/health check.

## Code of Ethics

TREC Ireland's 'Code of Ethics & Good Practice for Children's Sport' will be adhered to for this event, and can be downloaded from [www.trecireland.com](http://www.trecireland.com) Please note:

- ◆ Participants (and parents of participants who are under 18) must fill in the entry form with the understanding that they 'agree to abide by TREC Ireland's code of ethics and good practice' – this also allows TREC Ireland to include the photos of the junior participants on the internet and any newspapers such as the Irish Field.
- ◆ All junior participants (whether a competitor or a volunteer) should be accompanied either by an adult family member, or two supervising adults (where possible). Please complete the relevant boxes for U-18s on the forms.
- ◆ Anybody involved in any way with the event on any or all of the days must sign in using the provided sign-in sheet (in the Event Secretary's Office).

## Rules / Breaching of Rules

The competition is organised according to TREC Ireland rules. Registration (through entry and/or sign in) means participants accept these rules. Participants register under their own responsibility or that of their legal representatives (if under 18).

If breached, some rules (including those noted below) may result in a substantial amount of penalty points being applied to a rider's score or in some cases elimination from the phase or from the whole competition. It is the competitor's responsibility to be familiar with the current version of the TREC Ireland Rule Book, which is available to download from [www.trecireland.com](http://www.trecireland.com)

- ◆ Outside assistance is NOT allowed in any phase of the competition
- ◆ POR: it is the responsibility of the competitor to collect their record card in the map room and retain it while out on the course.
- ◆ PTV: competitors who do not wish to attempt a particular obstacle must STOP (physically come to a halt) and inform the relevant judge that they are not doing that obstacle before continuing to the next obstacle.

## Queries / Complaints

Queries and complaints will be dealt with in accordance with TREC Ireland rules (section 3.8) and must be submitted within the relevant timeframes as outlined in this section. Competitors are required to familiarise themselves with these rules.

- ◆ Competitors are not permitted to discuss timings or scores directly with the judges, but a competitor may ask a judge to record relevant observations.
- ◆ *Queries* – All queries must be directed to the Technical Delegate within thirty minutes of scores being posted.
- ◆ *Complaints* – All complaints must be lodged **in writing** with the Technical Delegate within the allowed time. No verbal complaints are admitted.

## Horse Hire

Ballybrack Equestrian Centre has a limited number of horses available for hire for the event. Please contact Dee Clancy (087) 415 7557 if you wish to enquire about horse hire. The hired horse will be delivered to Boulta on Friday and collected after the competition on Sunday. The rider would need to organise corraling separately with Boulta for Friday and Saturday night (see below).



## **Vetting/Health Check**

All horses/ponies must be presented for the vetting/health check prior to the competition and will be seen in competition number order (a list of approximate times will be produced). The rider must present the horse in a head collar or in a bridle (the bridle is recommended and is compulsory for difficult horses or stallions). The horse must be in a clean, tidy state with the saddle and/or any protective boots removed. The vetting/health check will be carried out in accordance with TREC Ireland rules. Riders are required to familiarise themselves with these rules. This vetting/health check does not guarantee the good health of the horse and shall not engage the liability of the organisation.

Vetting/health check will be on Saturday 24th before the POR phase. Horses competing at Level 2 may be inspected at the end of the POR phase (within 30 mins of finishing the POR). Vetting/health check will commence on Sunday 25th June prior to the MA phase for all levels.

## **Vet / Farrier**

In case of emergencies, on call cover will be organised for the weekend with both a local farrier and a local veterinary practice that has a vet on call at the weekend. The organisers will have their numbers should there be a need to call for either service.

## **Camping, Corralling and Stabling**

Camping, corralling, and stabling bookings are being managed by Boulta themselves, not West Cork TREC. Bookings are to be made in advance prior to Thursday 22<sup>nd</sup> June via [www.itsplainsailing.com/org/boulta/](http://www.itsplainsailing.com/org/boulta/)

A contact number for the owner Matthew Mulcahy is on both the Boulta ItsPlainSailing page and Boulta Schooling Facebook page should you need to contact him directly with any queries.

### *Camping*

Camping is available at Boulta at €10 per night per tent / caravan / camper van. There are toilet facilities available on site, also electrical power points for camper vans.

### *Corralling*

Corralling space is available at Boulta, (€10 per horse per night), and Boulta will have corrals set up using their own equipment. You may like to bring supplementary feed and haylage.

### *Stabling*

A limited number of stables are available at Boulta for €20 per night (includes bedding). Bring your own haylage and hard feed. Further stabling is available at another facility nearby (limited quantity) – to be arranged via Boulta.

## Times

**IMPORTANT: Please note all times are approximate and are subject to change.** A list of the rider order and start times will be issued before the event.

Friday 23rd June	15:00	Entries office open for Sign In
	18:00	PTV course open for walking
Saturday 24th June	08:00	Sign in; competitor briefing; volunteer briefing
	08:30	Vet check commences for all levels – equine passports required
	08:45	Equipment check commences
	09:00	Start of POR (first rider into Map room)
	17:30	PTV course walk – for all levels
	19:30	Social evening
Sunday 25th June	08:00	Sign in; volunteer briefing; one-day only entries rider briefing
	08:30	Vet check for all levels (note: “Sunday only” need equine passports also)
	09:00	Start of MA phase
	09:15	Start of PTV phase
	16:00 approx.	Prize giving (approximately 30 minutes after the overall results for all classes have been posted)

## Accommodation

The following is a list of contact numbers in the area where you may find accommodation, or you might also like to search on Airbnb for listings (suggest search near Tallow, Conna, Fermoy, Rathcormack, Midleton, Glanmire):

- ◆ Ballyvolane House, Castlelyons, Fermoy Co. Cork P61 FP70 ..... +353 (0)25 36349
- ◆ Carrigeen Hill Farm House, Conna, Co. Cork P51 H5H6 ..... +353 (0)87 170 1671
- ◆ Lisnabrin House, Curraglass, Near Conna, Co. Cork P51 W9ER ..... +353 (0)86 228 0312
- ◆ The Gate Lodge, The Manor, Kilsaint Anne, Castlelyons, Fermoy, Co. Cork ..... +353 (0)86 837 1806
- ◆ Rovers Rest B&B, Main St. Rathcormack, Co Cork P61 TW84 ..... +353 (0)86 360 3716
- ◆ The Square Townhouse, 3 Pearse Sq. Rath-Healy, Fermoy, Co. Cork ..... +353 (0)87 689 6300
- ◆ Midleton Park Hotel, Old Cork Rd, Glebe, Midleton, Co. Cork ..... +353 (0)21 463 5100
- ◆ Ballynona House, Ballynona South, Midleton, Co. Cork ..... +353 (0)85 887 1796
- ◆ An Stór, Drury Avenue, Midleton, Co. Cork P25 R718 ..... +353 (0)21 463 3106
- ◆ Carrigshane House, Midleton, Co. Cork ..... +353 (0)21 463 2802

## Directions

Some routes to the venue which are initially selected by Google Maps or Sat-Nav equipment may not be suitable for vehicles towing horse boxes, which is why we recommend entering a route via certain towns. Volunteers/judges travelling in a car only and who may be more familiar with the area may choose to travel alternative routes.

### Directions to Boulta (P51 N263, Booldurragha South) from Dublin (M8) - this route contains tolls

(If typing eircode into Google maps/sat nav, we recommend you select a route that goes via **Conna**)

Take exit 15 for the R639 Fermoy/Rathcormac off the M8 (exiting through Toll Plaza). At the roundabout take the 1<sup>st</sup> exit onto R639, then turn left (sign for Castlelyons). After approx. 11.1km follow the road round to the right past the schoolhouse. Drive along this road for 1km then turn left onto Conna Main Street/R628 towards Tallow. Proceed through Conna on this road for 500m then turn right (signpost Ballynoe & Middleton). Continue on this road for 4.1km entering Ballynoe Main Street. Proceed for another 2km, then turn left (signposts for Boulta and Glengoura). After approx. 500m follow the road round to the left and continue along this road for approx. 1.1km then turn left into the entrance of the Boulta grounds. The facility is approx. 400-500m along this drive.

### Directions to Boulta (P51 N263, Booldurragha South) from Rosslare (via N25) - this route contains tolls

(If typing eircode into Google maps/sat nav, we recommend you select a route that goes via **Killeagh**).

From Rosslare follow signs for Cork (N25). A new bridge has just been opened which allows traffic to bypass New Ross. Continue along the N25 (Cork) for approximately 95-100km after the bridge, through Dungarvan and into Killeagh. Turn right at the church (and the Old Thatch opposite) onto the L3086. Continue along this road for 4.4km, turning slight right. Proceed for 9.6km and then turn right (signpost for Boulta and Glengoura). After approx. 500m follow the road round to the left and continue along this road for approx. 1.1km then turn left into the entrance of the Boulta grounds. The facility is approx. 400-500m along this drive.

### Directions to Boulta (P51 N263, Booldurragha South) from Cork (via N25)

(If typing eircode into Google maps/sat nav, we recommend you select a route that goes via **Killeagh**).

Drivers should follow the directions from Cork to get onto the N25 (Cork to Waterford/Wexford/Rosslare). Please take care at the Dunkettle interchange where there are still road works in progress. Proceed along the N25 for approx. 15.5km, take the 2<sup>nd</sup> exit at the Lake View Roundabout (N25 Waterford) and continue along the N25 for another 14.3km into Killeagh village. As you proceed along the main street you will see the church directly ahead of you. Turn left at the church onto the L3086. Continue along this road for 4.4km, turning slight right. Proceed for 9.6km and then turn right (signpost for Boulta and Glengoura). After approx. 500m follow the road round to the left and continue along this road for approx. 1.1km then turn left into the entrance of the Boulta grounds. The facility is approx. 400-500m along this drive.

*We would recommend drivers travelling from Kerry - South Cork - West Cork who are towing horse boxes use the above route along the N25 to Killeagh. If anyone would prefer to travel via the M8 Cork-Dublin motorway, please ensure you select a route that goes via Conna, as other routes selected by Google maps or Sat-Nav equipment might not be suitable when towing horse boxes.*

## Useful Websites

<https://www.trecireland.com/>

<https://www.fite-net.org/>

<https://www.westcorktrec.com/>

<https://www.itsplainsailing.com/org/wct/>

<https://www.itsplainsailing.com/org/boulta/>

<https://www.aerlingus.com/>

<https://www.ryanair.com/>

<https://www.irishferries.com/ie-en/to-ireland-from-britain/>

<https://www.rentalcars.com/ie/>





## STABLE/CORRAL EMERGENCY CONTACT FORM

Name of Horse: \_\_\_\_\_

Rider Name: \_\_\_\_\_

Mobile Number: \_\_\_\_\_

Vehicle Registration Number: \_\_\_\_\_

### *Riders:*

*Please **PRINT** this form and bring it with you to where you are corraling or stabling your horse for the event.*

*This form should be attached to the stable or corral at the event (preferably with the form sealed in a plastic pocket to protect it from the elements).*



## APPENDIX: EQUIPMENT LIST

Venue owners require **ALL RIDERS** to wear a body protector on the Sunday for both the MA and PTV phases.

Phase	<b>COMPULSORY EQUIPMENT</b> riders may not continue phase without these items (Penalties: see Rulebook 3.11.6 and 4.17.1) See concessions for Level 1 only →		Level 1 concession
All phases	Approved protective hard hat complying with current standards:		Required
	PAS 015 2011 (provided it has a BSI Kitemark or Inspec IC mark),		
	VG1 01.040 (2014-12) provided it has a BSI Kitemark or Inspec IC mark)		
	SEI ASTM F1163 (2004a or 04a onwards provided it has an SEI mark)		
	SNELL E2016 (or later) providing it has a SNELL label and number		
	AS/NZS 3838 (2006 onwards) providing it has an SAI Global mark.		
All phases	Medical armband		Required
All phases	Horse ID with rider number and emergency phone number		Required
PTV (& MA)	Body protector ( <i>Beta level 3 standard</i> ) Required for <b>ALL</b> competitors for PTV phase per rule change (fixed fences are on PTV course). Also required by venue owners that they be worn for <b>both MA &amp; PTV</b>		Required
POR	Head collar, lead rope or combination bridle.		Required
POR	Fluorescent/reflective high-vis. clothing. The minimum requirement is clearly visible fluorescent strips on the area of the rider's torso.		Required
POR	Lights, attached somewhere to the rider's body, with a white light to the front and a red light to the back		optional
POR	First aid kit for both equine and human. The main purpose of the first aid kit is to help stop blood loss and therefore must include: • 6 sterile swabs • 1 pair of round-ended scissors • 1 elastic bandage, around 10cm wide • 1 disinfectant or antiseptic solution.		optional
POR	For shod horses, emergency farrier's tools suitable for the removal of shoe and nails (one set of tools between a pair is sufficient) and correctly sized hoof-boot or similar. Compulsory Equipment for Levels 3 & 4, Recommended Equipment for Levels 1 & 2		optional

Phase	<b>ADDITIONAL EQUIPMENT</b> riders may continue without items but penalties apply (Penalties: see Rulebook 4.17.1) See concessions for Level 1 only →	Level 1 concession
POR	Hoof pick	Required
POR	Whistle	Required
POR	Mobile phone, sealed for all levels	Required
POR	Torch (lightweight but sufficient to read a map, a head-torch is ideal)	optional
POR	Waterproofs, waterproof jacket as a minimum	optional

Phase	<b>RECOMMENDED EQUIPMENT</b> items are non-essential, no penalties applied	L1 concession
POR	Emergency telephone numbers ( <i>supplied by the organisers</i> )	Supplied
POR	Markers/pens for the map and making notes	Required
POR	Map case, or plastic pocket	optional
POR	Saddlebag or suitable alternative	optional
POR	Drink and snack	optional
POR	Digital watch or stopwatch	optional
POR	Compass	optional