



West Cork TREC One Day Event

Sunday 4th Oct 2020

Venue: *Whooley's Farm*

Knockraha, Co. Cork, T56 WY43

Competition Information:

This competition is open to everyone and will consist of three phases, POR, MA and PTV. The venue is situated 4km from Junction 18 on the M8 Cork-Dublin motorway.

Competitors can be expected to be riding across varied terrain, which will include quiet country roads, tracks and paths. Competitors may also be riding through fields of livestock, please use your common sense when riding past these animals. All landowners have been very supportive and we have managed to gain access to some off-road riding. We must stress the need to keep gates closed and to ensure that you follow the Country Code. If you find a gate closed, please close it again behind you.

Everyone will have to be aware of and maintain social distancing throughout the event, and will need to wear masks when in the close vicinity of others (this includes the map room). Helpers will need to wear face masks and gloves when appropriate (gloves will be supplied, but please bring your own mask). Due to Covid-19 restrictions, we will not be able to supply refreshments. The event will take a good few hours to complete, so everyone should please bring his or her own refreshments (e.g. a drink and a light lunch), and also something for their horse to eat. Please bring one of your own buckets for watering your horse – gloves must be worn when filling from the tap in the yard.

The officials for this event are:

- Technical Delegate: Winfried Bastian
- Assistant TD: Megan Davies
- Traceur: Frances Whooley
- Event Secretary: Jill Davies email: westcorktrec@gmail.com tel: 087 218 9890

Entry Requirements

Entries can only be taken online via ItsPlainSailing (type www.itsplainsailing.com/club/wct/ into the address bar of your internet browser) or open the ItsPlainSailing website and type west cork trec into the search bar at the top of their home page. Once you enter our club's page, click on the Events button to see the event(s) are open for entries, and subsequently the entry options within. Complete the entry form(s) as necessary and add to shopping cart. Process the shopping cart through the checkout to submit your entry.

The closing date for entries is Wednesday 30th October 2020 at 5pm. We may not be in a position to accept late entries, so please book by the closing date and time to avoid disappointment.

It is not the responsibility of West Cork TREC to find a pair for any rider – two riders must enter as a pair in the pair classes (3-phase). A rider may post a comment on the Facebook post for the event if they need to find someone to pair (please state level required) – once a pairing has been agreed please submit your entry form online.

All riders are required to report in for the start time. Depending on the number of non-riding volunteers we get, we may need to utilise riders to help us run the MA and PTV phases. Riders with TREC judging experience may be asked to judge other levels, while those without judging experience may be asked to assist judges or to perform tasks for which judging experience is not a requirement.

Entry fees

The entry fee for the full 3-phase competition (POR, MA & PTV) is as follows:

€30 TREC Ireland members only (must have valid TREC Ireland membership – Adult/Family/U21)

€37 for everyone else (includes TI temporary registration fee)

We recommend everyone should try the POR phase if possible, however we understand some would like to enter just MA & PTV phases only. The entry fee for 2-phase partial competition is as follows:

€20 TREC Ireland members only (must have valid TREC Ireland membership – Adult/Family/U21)

€27 for everyone else (includes TI temporary registration fee)

Covid-19 Contact Tracing and Declaration Form

Anyone who will be attending the event (competitor, official, judge, volunteer, driver/parent, etc.) must submit a Covid-19 Contact Tracing and Declaration Form (via ItsPlainSailing). There is no charge for submitting this form. Enter our club's page on ItsPlainSailing website, click on the Events button to see the event(s) are open for entries, and subsequently the entry options within (please see the Entry Requirements section on page 1 for details how to access our events).

Classes

Class 1	Level 2 – Individual *	Max height PTV 80cm	Route may contain compass bearings
Class 2	Level 2 – Pairs	Max height PTV 80cm	Route may contain compass bearings
Class 3	Level 1 – Individual *	Max height PTV 60cm	
Class 4	Level 1 – Pairs	Max height PTV 60cm	

** Restrictions regarding Individual classes*

Riders will not be permitted to ride a POR as an individual unless they have completed a minimum of 1 POR event run by TREC Ireland or an affiliated group. For Junior Participants (U-18) this will be a minimum of 2 POR events.

Junior Participants (under 18)

- A junior competitor (under 18) may only ride as an individual if they have reached or will reach the age of 16 years in the year of competition (i.e. before 31.12.19)
- Any rider under 16 must ride as a pair with an adult (18 years and over) in the pair classes.
- All junior competitors must get their parent/guardian to co-sign both the entry form and Rider Covid-19 Contact Tracing and Declaration Form (as this is an online form, please type name into the relevant signature boxes)
- Anyone under 18 attending the event as a volunteer or rider's assistant must complete the necessary Contact Tracing and Declaration Form and get their parent/guardian to co-sign it (as this is an online form, please type name into the relevant signature boxes)

Handicap

As there is no Level 3 route available in this event, the standard TREC Ireland handicap rules will apply. Therefore, riders who qualify as Level 3 riders (i.e. have competed two full 3-phase competitions at Level 3 or above) may ride as Level 1 Individual but may only compete HC; they may ride as part of a Level 1 Pair but shall incur a 15 point penalty in the POR phase or they may ride Level 2 as individual or part of a pair without incurring any penalty points. Level 2 riders may compete at Level 1 as individuals or part of a pair without incurring any penalty points.

Rules and Participation Conditions

This competition is organised according to TREC Ireland rules. Registration means participants accept the rules of TREC Ireland. Participants register under their own responsibility or their legal representatives (if under 18). Queries and objections will be dealt with in accordance to TREC Ireland rules, and competitors are required to familiarise themselves with these rules. Any query or complaint on the day must be lodged with the Technical Delegate for the event.

It is a legal requirement to carry a passport when a horse is being used for competitions. If a horse is transported without a passport when being used for competition purposes, an offence is being committed and prosecution is a possibility.

Code of Ethics

TREC Ireland's 'Code of Ethics & Good Practice for Children's Sport' will be adhered to for this event, and in signing any of the required documents participants do so on the understanding that they agree to abide by TREC Ireland's Code of Ethics (available to download from www.trecireland.com).

- All participants must send in a completed entry form.
- Anybody involved in any way with the event on the day, including competitors and helpers, must send in a relevant Covid-19 Contact Tracing and Declaration Form (this information will help the organisers monitor numbers attending and prepare a list of attendees)
- Due to Covid-19 guidelines, there will be a sign-in steward who will tick your name off the prepared list of attendees instead of the usual sign in sheet.

It is the policy of TREC Ireland and affiliate groups to take and use photographs for the purpose of promoting the sport on the internet and any newspapers (such as The Irish Field). Permission to use these photographs is sought when signing in on arrival and everyone should indicate on the sign in sheet if permission is granted or withdrawn.

Insurance

Riders should be aware that there are limitations with insurance cover of any equestrian sport organisation, including that of TREC Ireland. Every competitor is responsible for any damage caused by himself/herself or his/her horse to himself/herself, to other persons or to property. **It is therefore strongly recommended that each rider has sufficient liability insurance such as fully paid BHS Gold Membership (or equivalent).**

Equipment

A list of the mandatory and other equipment required for each of the three TREC phases is detailed in the TREC Ireland Rule book. A copy of the equipment required for this POR competition can be found in the appendix at the end of this schedule.

- *Riding Hats & Body Protectors:* All riders must wear a riding hat that conforms to the safety standards outlined in the current TREC Ireland Rule book. All under 18s must wear a body protector for the PTV phase.
- *Level 1 POR equipment concession:* A special concession was introduced by TREC Ireland which allows Level 1 riders to participate in local POR competitions with a slightly reduced equipment list (as marked in our appendix on page 5)

Reminder:

Face masks/coverings MUST be worn when in the close vicinity of others outside your own family/regular contacts/pairing.

Riders should bring their own refreshments for both horse and rider.

Time Schedule:

Times will be confirmed when all entries have been received. Initially we are proposing the first competitor should present for tack check at **10:00am and enter map room 10:15am**, but we may have to adjust times slightly if necessary.

Results and Queries/Complaints

Due to Covid-19 guidelines advised to us by TREC Ireland, results will not be available at the event. A provisional result of the scores will be emailed out to all riders once the scorer has approval from the technical delegate, and a reasonable closing period will be permitted for riders to make any queries or complaints (exact time allowed will be advised in the email accompanying the provisional results).

- Competitors are not permitted to discuss timings or scores directly with the judges, but a competitor may ask a judge during the event to record relevant observations.
- Queries – All queries must be directed to the Technical Delegate within the specified time of the provisional scores being posted.
- Complaints – All complaints must be lodged in writing with the Technical Delegate within the allowed time. No verbal complaints are admitted

Directions to Whooley's Farm, Knockraha, Co. Cork, T56 WY43

Whooley's Farm is situated approximately 4km off the M8 Cork-Dublin motorway. Exit the motorway at Junction 18 (signposted R639 Glanmire). At the roundabout (500m), take the third exit (signposted R639 Glanmire). At the next roundabout (150m), take the second exit towards Watergrasshill R639. After 800m turn right onto the L2972 signposted for Knockraha. Follow this road for 2.2km (ie under the bridge, continuing for approx. 1km then veering 90 degrees hard right followed by 90 degrees hard left, and continuing for about another 1km) until you reach a small road up to the left. Whooley's farm is a further 1.6km along this road at the end of the cul de sac.

Volunteers

As with all TREC events, we rely heavily on the generosity of volunteers. Any offer of a volunteer will be gratefully received (experience is not a necessity but if you have had any experience at other TREC events please include this information).

All volunteers must submit a Covid-19 Contact Tracing and Declaration Form (via ItsPlainSailing) to register as a volunteer. There is no charge for Type www.itsplainsailing.com/club/wct/ into the address bar of your internet browser or open the ItsPlainSailing website and type west cork trec into the search bar at the top of their home page. Once you enter our club's page, click on the Events button and then select the relevant Covid-19 Contact Tracing options within.

Thank you for your support!



APPENDIX: EQUIPMENT LIST

One Day Event

Whooley's Farm, Knockraha, Co. Cork

Event Date: 04-Oct-20

Compulsory Equipment <i>(Penalties: see Rulebook 3.11.6 and 4.17.1)</i>	Phase	** Level 1 Concession
Approved protective hard hat complying with current standards, PAS015, SEI ASTM 95, ASTM F1163, SNELL E2001, AS/NZS 3838 2006 and Interim European Standard VG1.040 2014-12 Where a rider wears a different hat for different phases, all hats must be presented for inspection at the equipment check.	All phases	L1 Minimum
Horse ID with rider number and emergency phone number attached to the bridle	All phases	L1 Minimum
Medical armband	All phases	L1 Minimum
Body protector (Beta Level 3 standard) for competitors under 18 years (& GB Qual.)	PTV	L1 Minimum
Head collar, lead rope or combination bridle.	POR	L1 Minimum
Fluorescent / reflective high-vis. clothing. The minimum requirement is clearly visible fluorescent strips on the area of the rider's torso.	POR	L1 Minimum
Lights, attached somewhere to the rider's body, with a white light to the front and a red light to the back	POR	
First aid kit for both equine and human. The main purpose of the first aid kit is to help stop blood loss and therefore must include: • 6 sterile swaps • 1 pair of round ended scissors • 1 elastic bandage, around 10cm wide • 1 disinfectant or antiseptic solution	POR	
<i>Recommended item only for Levels 1 and 2, compulsory item for Levels 3 and 4:</i> For shod horses, emergency farrier's tools suitable for the removal of shoe and nails (one set of tools between a pair is sufficient) and correctly sized hoof-boot or similar (per horse).	POR	

Additional Equipment <i>(Penalties: see Rulebook 4.17.1)</i>	Phase	** Level 1 Concession
Hoof pick	POR	L1 Minimum
Whistle (<i>recommend keep on person, not in saddlebag</i>)	POR	L1 Minimum
Mobile phone, sealed for all levels (<i>recommend keep on person, not in saddlebag</i>)	POR	L1 Minimum
Torch (lightweight but sufficient to read a map; a head torch is ideal)	POR	
Waterproofs (waterproof jacket as a minimum)	POR	

Recommended Equipment <i>(No penalties will be incurred if riders do not have Recommended Equipment)</i>	Phase	** Level 1 Concession
Emergency telephone numbers (<i>supplied by the event organisers</i>)	POR	<i>Supplied</i>
Markers / pens for the map and for making notes	POR	L1 Minimum
Map case	POR	
Digital watch or stopwatch	POR	
Saddlebag or suitable alternative	POR	
Drink and snack	POR	
Compass	POR	

**** Concession for Level 1 Riders ONLY:** At **local** competitions, a Level 1 competitor may avail of the Level 1 Concession rule and may bring a shorter list of equipment (marked in the table above as L1 Minimum). The rest of the items on the list will be regarded as *Recommended Equipment* list only for Level 1 riders, and therefore will not incur penalties. This concession was introduced to encourage riders to participate in TREC POR competitions without having to purchase expensive items of equipment. **This concession rule will not apply at National events.**